

*Transforming
the landscape
of youth
engagement.*



YOUTH ENGAGEMENT PROJECT

SCHOOL INFORMATION PACKAGE

In this document, you will find an in-depth overview of the support Youth Engagement Project offers to organisations, educators and individuals.

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EMPOWERING ORGANISATIONS, SPEAKERS AND EDUCATORS TO UNLEASH
THEIR INFLUENCE, ENGAGE AUDIENCES, AND DRIVE MEANINGFUL CHANGE.

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A Message from the Founders



Welcome, and thank you for downloading our information pack.

We are Skye and Amanda, and along with the rest of our team, we are stoked to introduce you to Youth Engagement Project, or as we like to call it, YEP.

YEP began from understanding that there are more resources, funding and support services available to young people than there ever has been, yet the mental health and well-being of our youth continues to decline. This begs the question, *where is the disconnect?*

We have spent over a decade working in this space as educators, leaders, and facilitators, and in that time, we have come to the realisation that the people who are supporting our youth need support themselves. And so, YEP was born.

Our young people deserve to have the educators serving them at their best, just as educators deserve to have professional development and learning opportunities that tap into their existing skill set and provide them with practical tools to incorporate into their pedagogy and classroom approach - and that's exactly where YEP steps in.

We believe in young people and have committed our entire professional lives to working towards better solutions to help them flourish, with both of us stepping into education training and professional development careers after a decade as classroom teachers and school leaders.

If you're here, you are already a change-maker in this space. It's clear you have a desire to ensure the work you are doing is meaningful and transformative for our youth, and we applaud you.

We're excited to support you and your school on your journey in learning and growing as educators.

Yours in supporting the next generation,

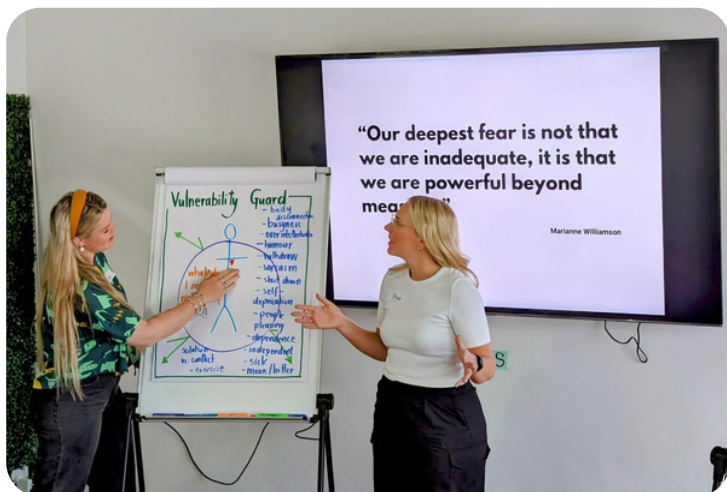
Amanda and Skye



Our Vision

Our vision is to support organisations and educators to build a legacy of genuine engagement where they can drive meaningful change.

Despite the unprecedented access to resources available to today's youth, we continue to witness a concerning decline in their mental health and overall well-being. This is a trend we are determined to reverse.



Our Method

Youth Engagement Project is dedicated to empowering organisations, educators and speakers to make a genuine and lasting impact on the lives of young people. The recent data around teacher shortages is deeply concerning, and providing essential support to inspire our educators and offer tools and resources is critical.

Our training and consulting methodology is underpinned by YEP's Engagement Continuum, which is grounded in neuroscience, cognitive and positive psychology and Self-Determination Theory. Our approach focuses on techniques that foster an ability to build meaningful connections, active participation, and provide optimal challenge and transformative experiences for staff and students alike.



“People will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

- Maya Angelou



Our Mission

We believe that educators should have access to ongoing and purposeful professional development opportunities that mean much more than ticking a box.

Through workshops and consulting, we exist as a support service for schools. We are on a mission to provide the necessary soft and hard skills that individuals and teams need to connect to themselves, their students the broader school community.



Skye and Amanda
Founders of YEP

Professional Development for Schools

We are dedicated to supporting teachers and the education sector, as our teachers and students need it now more than they ever have. We are driven to help make this profession sustainable for staff and students and truly believe that choosing to be an educator is one of the most noble and profound decisions a person can make.

39%

A new Australian Education Union (2023) survey of public-school teachers found 39 per cent of early career educators were planning to leave the profession within a decade.

52%

The Black Dog Institute (2023) data showed 52% of teachers reported moderate to extremely severe symptoms of depression compared to 12.1% in the general population.

How can we support your staff?

YEP has a wide range of Teacher Professional Development opportunities that tap into the existing expertise and professionalism of educators. This is not about creating additional work creep; these workshops are about empowering educators to tap into the reason they chose this profession and uncover a new understanding and passion for their day-to-day mission.

Through our workshops, you and your school team will:

- gain valuable insights into student engagement
- learn how to create a positive and inclusive environment that meets the psychological needs of students
- increase capacity to tap into students' intrinsic motivation
- effectively and purposefully communicate with colleagues, parents and the broader school community



Workshops

Teacher Professional Development.

Designed by Teachers, for Teachers.

“Intrinsic motivation is the most influential factor in predicting student engagement and, subsequently, educational outcomes..”



Student Engagement

Our Student Engagement workshop is designed as an interactive and hands-on experience to elevate teacher capacity to confidently engage students. Suitable for primary, secondary and adult education settings.

This workshop acknowledges the current pressures being felt in education and aims to celebrate, uplift and support educators in their professional practice. Learn how to re-engage students while elevating the learning experience of others.

The workshop covers:

- Engagement Continuum
- New and relevant research on best practices in student engagement techniques
- Practical and easy-to-implement strategies for every classroom

Communication and Conflict Resolution

This workshop provides robust and evidence-informed frameworks to build on education staffs' existing knowledge and confidence in communication and conflict resolution. Suitable for both primary, secondary and adult education settings.

This workshop covers:

- Communication between colleagues
- Tools to resolve and prevent workplace conflict, focusing on a proactive approach
- Step-by-step skill building in how to have a difficult conversation
- Deepening trust, understanding and connection between staff to improve school culture
- Best practice in student, parent and community communication

Teen Landscape

This workshop dives into the world of today's adolescents, delving into recent research to provide a comprehensive understanding of the modern teen experience. This session goes beyond theory, providing tools to forge genuine connections with students. Strategies to cultivate empathy, foster trust, and nurture positive relationships grounded in mutual respect will be explored through a blend of multi-modal delivery and interactive activities.

Public Speaking & Meeting Management

In today's fast-paced educational landscape, effective communication is more crucial than ever. This workshop not only acknowledges the challenges educators face but also celebrates dedication and commitment to professional growth.

Through a blend of theory and practical application, discover how to command attention, inspire engagement, and leave a lasting impact on colleagues with effective public speaking and meeting management tools.

The workshop covers:

- Public speaking essentials
- Audience engagement and word economy practice
- Practical and easy-to-implement tools for presentations and meetings



Staff Wellbeing and Self-Care

In the demanding world of education, school staff and their well-being is often overlooked amidst the focus on student success. This workshop provides a dedicated space to prioritise mental, emotional, and physical health, empowering teachers and support staff to thrive personally and professionally. Practical strategies and resources to cultivate a sustainable self-care routine are the focus of this session.

This workshop covers:

- Insight into recent data and statistics around educators' well-being and self-care
- Mindfulness practices to manage stress and foster resilience
- Bucket-filling exercises to achieve a healthy work-life balance
- Tools to identify when you need support and who to ask

Bespoke Workshops

YEP will liaise with your school's leadership team to develop a bespoke workshop to suit the school's current strategic plan and professional development needs. Possible support:

- Effective Leadership
- Collaborative Learning Communities
- Communication Tools
- Student Voice and Agency
- Staff Wellbeing
- Differentiation

Testimonials

We are so fortunate to work with schools, facilitators, organisations and speakers with values that so closely align to the mission of Youth Engagement Project.

It is an honour and a privilege to train, consult and develop with individuals and organisations who simply want to increase their capacity to better serve our youth and drive meaningful change in this space.



“You were the most engaging, invested and personable people to be trained by. I am absolutely touched and grateful to have spent two days with you and your team, and thank you for your pearls of wisdom!”

- Liam, Mindfull Aus

“I can easily see how I (and the rest of the team) can apply all of the skills taught, and I am excited to watch myself and our entire team grow into better, more confident and skilled facilitators.”

- Bonnie, Ignite Camp

“The voice training and hearing where Skye and Amanda have struggled. It’s so refreshing to hear that you guys weren’t perfect, though you are now someone I look up to in the facilitation space.”

- Ash, LifeChanger Foundation

“I loved the balance between play & challenge. Most beneficial were the clear and concise frameworks delivered by Skye and Amanda - These helped set the foundations for our whole team. I am so glad we decided to do this at the beginning of the year, which we will only be able to build upon to have more impact on the teens we serve.”

-Maeve, The Flourish Journey

“Watching both of you in action was an absolute joy, and something that both myself and our entire team took so much away from. I have absolutely no doubt that we have all benefited immensely from this training, and I can't wait to continue to grow our relationship with you both and work together for many years to come!”

-Sam, LifeChanger Foundation

“Collaborating with Amanda and Skye has been an immensely transformative journey, where I acquired the skills to effectively engage my audience. With their unwavering support, I now approach keynotes, workshops, and everyday conversations with newfound confidence. Working with them has catapulted my career, enhanced my credibility, and strengthened my personal brand. I am eagerly looking forward to continuing this fruitful partnership.”

Wil, CEO of Youth Leadership Academy Australia

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landscape of youth
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Contact

To book support from Youth Engagement Project or to speak with one of our team about next steps, please reach us through the following channels or the enquiry form on our website.

We look forward to supporting the incredible work you do with young people every day.

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www.youthengagementproject.com

[@youthengagementproject](https://www.instagram.com/youthengagementproject)



***“Knowledge is not power,
knowledge is only potential power.
Action is power.”***

- Jim Kwik

